

**TAMIL NADU BOARD OF EXAMINATION IN GENERAL NURSING AND  
MIDWIFERY-SECOND YEAR**

(Syllabus - 3 ½ years)

**JULY/AUGUST – 2016**

**PAPER-III MENTAL HEALTH AND PSYCHIATRIC NURSING**

*Time-Three hours*

*(Maximum marks: 75)*

*[N.B-Answer all Questions]*

*Marks*

**I. Define the following :—**

**5 × 1 = 5**

- (a) Echolalia
- (b) Phobia
- (c) Psychosis
- (d) Mania
- (e) Depression.

**II. Fill in the blanks with suitable words :—**

**5 × 1 = 5**

- (a) Other name for impairment of memory -----
- (b) False perception is termed as -----
- (c) Walking during sleep is named as -----
- (d) Night time bed wetting is also known as -----
- (e) History of -----personality indicates the personality of a patient prior to illness.

**III. Match the following :—**

**5 × 1 = 5**

- | A                            | B                     |
|------------------------------|-----------------------|
| (a) Anti-Depressant Drug     | (1) Defense mechanism |
| (b) Personality              | (2) Body language     |
| (c) Algophobia               | (3) Imipramine        |
| (d) Projection               | (4) Fear of pain      |
| (e) Non-verbal communication | (5) Melancholic       |

**IV. Choose the correct answer :—**

**5 × 1 = 5**

(a) Indian Lunatic Act was established in the year

(i) 1912

(ii) 1987

(iii) 1985

(iv) 1910

[Turn Over

(b) Drug used for modified method of ECT

- (i) Haloperidol      (ii) Ether      (iii) Thiopental      (iv) Lithium

(c) Suicide means

- (i) Elated Mode      (ii) Taking one's life voluntarily  
(iii) Phobia      (iv) Insight

(d) Which of the following is not Psychosocial Therapy

- (i) Anti-anxiety agent      (ii) Behaviour Therapy  
(iii) Occupational Therapy      (iv) Group Therapy

(e) Aerophobia means

- (i) Fear of open place      (ii) Fear of water  
(iii) Fear of heights      (iv) Fear of animals.

V. Write short notes on **any five** of the following:—

5 x 5 = 25

- (a) Role of a nurse in Psychiatric Hospital  
(b) Characteristics of a Mentally Healthy Person  
(c) Role of a nurse in ECT  
(d) Care of an aggressive client  
(e) Dementia  
(f) Prevention of accidents among the mentally ill patients.

VI. Write in detail answer **any three** of the following:—

3 x 10 = 30

- (a) Define Mania. Write causes, clinical manifestation and nursing management with process  
(b) Mention Psychiatric emergencies. How will you manage a patient with suicidal tendencies?  
(c) Write briefly about admission and discharge procedure in mental hospital.  
(d) Explain the legal aspects in Psychiatric Nursing.

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